





Welcome!

On behalf of our entire team at Superior Residences of Lecanto, we'd like to be the first to say welcome!

As you begin your journey to find a new place to call home, we hope that we are able to answer your questions as you move forward with the very important decision to move into a senior living community.

Superior Residences of Lecanto offers residents both assisted living and memory care with life enrichment programs that are individually customized to encompass the core ideas of family, comfort and new experiences.

Experience has taught us that every moment is precious for our residents and their families. We look forward to welcoming you into our community!

Warmest regards,

Shannon Vinsonhaler Executive Director Superior Residences of Lecanto



Making every moment memorable.

## **Memory Care**

We believe deeply in providing personalized care for each resident in our memory care community. Our teams have been trained in programming with the intention of building the quality of life through every day activities in a meaningful way. We strive to highlight each resident we serve and celebrate all of the past and present achievements.

### **Amenities & Services**

### Beautiful private and companion apartments

Providing that 'right at home' feeling

### **Caring, dedicated and passionate staff** Who take your loved one's well being and safety

seriously

### Warm and secured enivorment

Offering residents a comfortable and familiar atmosphere

### **Resident-centric care**

Access to 24/7 care assistance, health maintenance, wellness and medication management

### **Daily living assistance**

Families have peace of mind knowing help is alway nearby

### **Resident-inspired social calendar** Enjoy a full daily calendar of activities and programming specifically designed to help our residents thrive

### Thoughtfully designed common areas

Perfect for engaging friends and welcoming family

### Tailored meals and dining

Three nutritious and healthy meals every day satisfying the toughest of palates and accomodating a range of special dietary needs

### **Enhanced Life Programming**

Focusing on resident's individual strengths and preferences

### Life Story Programs

Connecting residents, new friends and the staff around them

### Family education and support groups

We cater to the emotional and spiritual well being of our families

**Outdoor courtyard** Enjoy all the Sunshine State has to offer

Weekly housekeeping, laundry and linen services We take care of the all the details



### Jump into engaging activities.

# Engage, explore, connect

Our whole-person approach to memory care means our community is full of opportunities to thrive -- with an activity calendar filled with options that keep residents active, engaged with friends and enjoying an improved overall quality of life.

Our residents know that a vibrant and engaging day waits right outside their door. Join in on a morning chair fitness class. Watch a classic movie with friends. Enjoy an outing or a scenic drive. Engage your senses in a music class or enjoy nature with a gardening project. It's easy to make every day count in our community!

### What's on your itinerary today?

- Fitness classes such as chair exercises and walking groups
- Art with a Heart, creative painting, and crafts
- Glamour manicures & mini-spa treatments
- Educational opportunities & Spiritual engagement
- Afternoon and evening classic movie watch parties
- Live weekly entertainment from the local Clermont community

- Ice cream socials, happy hours and impromptu gatherings
- Field trips to local attractions and scenic drive excursions
- Vibrant-themed community events
- Brain teasers like crossword puzzles, trivia and word searches
- Snack socials & sing alongs
- Therapy dog visits

If there is something that you like to do that we don't already offer, just let us know! We want every resident to have a change to engage and enjoy their individual interests.



Looking forward to every meal.

# **Inspired dining is our speciality**



### SAMPLE DAILY MENU

### BREAKFAST

Mixed berry vanilla baked oatmeal Eggs of your choice Cottage cheese and fresh fruit

#### LUNCH

Green salad with dressing of your choice Beef Pot Roast Baked Salmon Garlic Mashed Potatoes Honey Glazed Carrots Baked Bread or Rolls Fresh Coconut Cream Pie

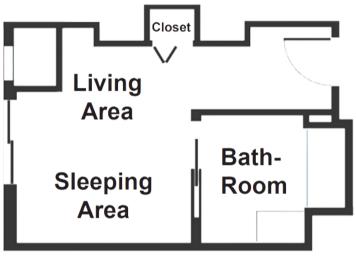
### DINNER

Cream of Califlower Soup Skillet Ham and Potatoes Green Beans with Bacon Cornbread Muffin Turkey Deli Sandwich Fresh Pear Fruit Cup Homemade Peanut Butter Cookies

Water, Coffee, Tea, Ice Tea and Milk always available

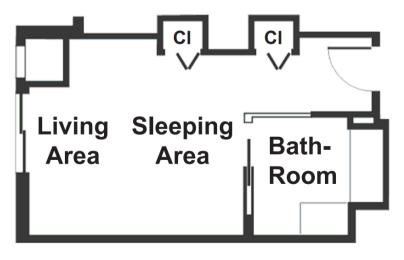


## **Floor Plans - Memory Care**



**Garden Studio** 

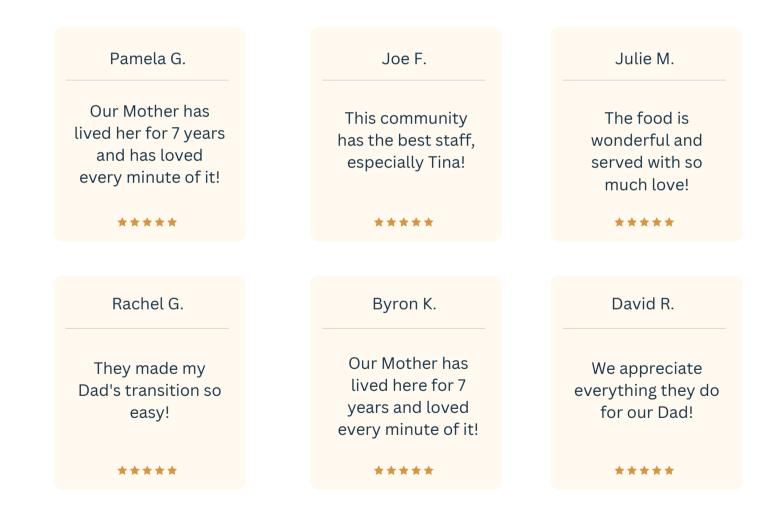
267 sq. ft.



Seabreeze Studio



## What sets Superior Residences of Lecanto apart? Happy residents and families!





## Discover the joy of senior living and come see why our families call our community home!



A Memory Care Senior Living Community

## www.superiorlecanto.com

svinsonhaler@superiorlecanto.com

## (352) 746-5483

4865 W. Gulf to Lake Highway Lecanto, FL 35561



